



PRESCHOOL PREP FOR MOMS: PRESCHOOL BASICS

1. **Pick a theme for the day/week!!** Search Pinterest, YouTube, Google. Think of themes that relate to the current weather, upcoming Holidays, the seasons, upcoming vacations/events, etc.
2. **Circle Time:** pick songs that go along with your theme on YouTube and save them into a private playlist and organize accordingly. Play on your computer, smart TV, Tablet, phone, etc. Join in with the kids, and silliness!
3. **Book Time:** pick 2-3 books to go with theme or let kids pick and read them together after songs.
4. **Busy Work:** print 3-5 pages of age appropriate busy work or use dollar store workbooks. Search Pinterest and add “free printable” with any keyword, to go with your theme. Add in a Learning Game to play together.
5. **Craft:** pick an easy craft to go with the theme. Search Pinterest for ideas. Prep as much as you can before hand, it will make things easier day of.
6. **Activity:** pick an indoor/outdoor activity for the kids. Depending on the weather; sensory bins or obstacle courses. Or, sometimes we plan a “field trip” or nature walk.
7. **Lunch & Nap!!**